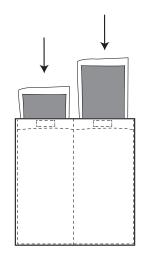
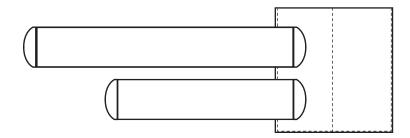
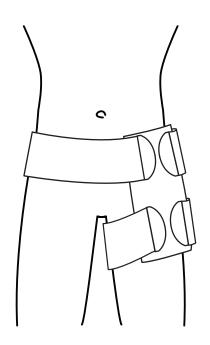
## **Polar Care Gel Wrap Hip**

## APPLICATION INSTRUCTIONS

- 1. Remove wrap and insert gel packs into pockets. Note: Place gel packs into freezer until frozen
- 2. Place wrap over affected hip.
- 3. Attach with tab and secure shorter strap around the thigh to hold in place.
- 4. Attach with tab and secure longer strap around the waist.
- 5. Adjust straps accordingly for comfort.
- 6. Never apply a frozen or heated pack directly onto the skin.
- 7. Always follow your physician's or healthcare provider's specific cold therapy treatment.









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