



# Philippou K.A.F. Positioning Kit

INSTRUCTIONS FOR USE AW-CP020205 Rev C 10/15

NEW HIP ARTHROSCOPY PADDING AND POSITIONING KIT



This device is offered for sale by or on the order of a physician or other qualified medical professional. This device is not intended for reuse on a second patient or for extended use beyond 180 days. This device is generally not intended for patients in excess of 250 lbs (114 kilos). This device is not intended to prevent injuries or reduce or eliminate the risk of reinjury.

**Indications:** This device is indicated to help limit hip rotation, adduction, and abduction by positioning the knees, ankles, and feet together following hip arthroscopy. It is further indicated to protect the patient's feet and ankles from high intraoperative traction forces placed on the legs during hip arthroscopy.

**WARNING:** Do not leave this device in the trunk of a car on a hot day or in any other place where the temperature may exceed 150° F (65° C) for any extended period of time. If any additional pain or symptoms occur while using this device, seek medical attention.

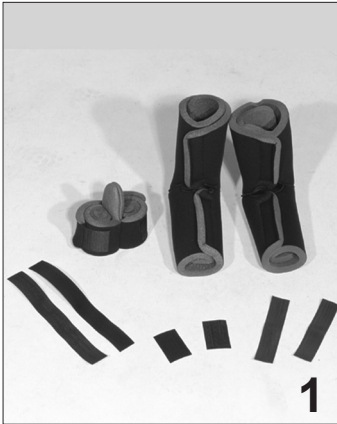


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## Philippon K.A.F Positioning Kit INSTRUCTIONS FOR USE



### INTRA-OPERATIVE PADDING DURING TRACTION

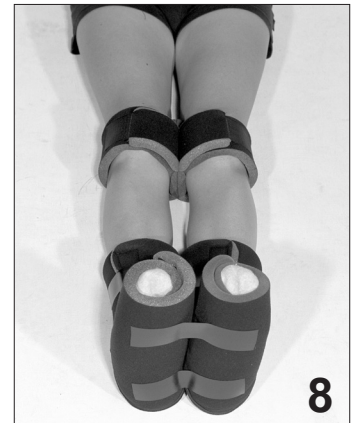
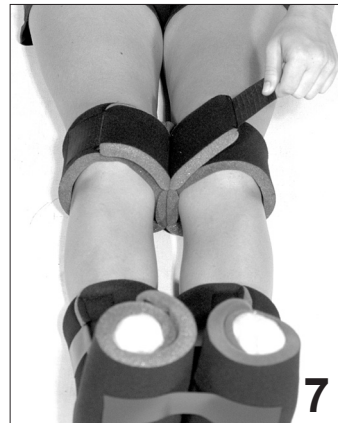
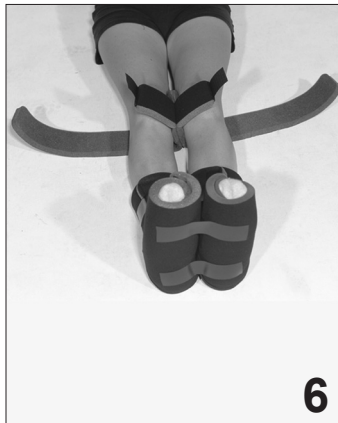
1. Note the position of the closures on the leg and forefoot of the booties. The left and right booties are mirror images of each other. Remove the attachment straps and the double sided hook pieces from the booties. Set these aside along with the knee band for post operative use.

2. Open up each bootie and slip it onto the foot. Position the heel at the lower back cup area of the bootie. Tension the ankle wrap and press the hook closure to fasten. Repeat this same procedure for the forefoot and leg closures. You may trim off the excess circumference leaving a 2" - 3" (5cm - 8cm) overlap. The booties are now in position and the feet are ready to be placed into the foot traction holders on the operative traction table.

Post-operative use to control knee, ankle, and foot position while preventing hip rotation.

3. With the booties in place on each foot, attach the two double sided hook pieces to the medial side of one of the booties, one in line with the foot, and the other in line with the leg as shown in the photo.

4. Align the two feet and bring them together to engage the hook pieces. The feet should be pointing straight forward and at the same level.



5. Attach one of the single sided hook straps to both booties from the ball of one foot to the ball of the other foot. The second strap is placed across the front of the two legs holding them together. The third strap is placed across the bottom of the heels holding them together. The fourth strap is placed across the back of the achilles to help hold the heels together.

6. Open the knee band closures and place the knee band in between the knees with the padded protruding section between the two epicondyles. The closures should be at the front and the bands should wrap around the back and lateral sides of both legs.

7. Trim the excess circumference leaving 2" - 3" (5 cm - 8 cm) overlap on each section. Tension the wraps around each leg just below the knee and press the hook closures to fasten. The knees should now be held securely together but padded for comfort.

8. The Positioning Kit is now in place. The kit holds the feet and knees together preventing hip rotation, adduction, or abduction while permitting hip, knee, and some ankle flexion. The optional Breg Philippon Post-Arthroscopy Hip Brace may be used to permit limited motion control of hip flexion when needed.