# Letter of Medical Necessity / DVT Risk Assessment<sup>1</sup> Form



Patient Information	
Patient Name:	D.O.B: Age:
Date of Surgery: Type of Surgery:	Location:
Diagnosis:	_ ICD-10:
Diagnosis:	_ ICD-10:

## Choose All That Apply

Each Risk Factor Represents 1 Point	Each Risk Factor Represents 3 Points	
Age 41-60 years	Age 75 years or more	
Minor surgery planned	Major surgery lasting 2-3 hours	
History of prior major surgery	BMI > 50 (venous stasis syndrome)	
Varicose veins	History of SVT, DVT/PE	
History of inflammatory bowel disease	Family history of DVT/PE	
Swollen legs (current)	Present cancer or chemotherapy	
Overweight or obese (BMI >25)	Positive Factor V Leiden	
Acute myocardial infarction (<1 month)	Positive Prothrombin 20210A	
Congestive heat failure (<1 month)	Elevated serum homocysteine	
Sepsis (<1 month)	Positive Lupus anticoagulant	
Serious lung disease incl. pneumonia (<1 month)	Elevated anticardiolipin antibodies	
Abnormal pulmonary function (COPD)	Heparin-induced thrombocytopenia (HIT)	
Medical patient currently at bed rest	Other thrombophilia	
Leg plaster cast or brace	Туре	
Other risk factor		

### For Women Only (Each Represents 1 Point)

Current use of oral contraceptives or hormone	
replacement therapy	
Pregnancy or postpartum (<1 month)	
History of unexplained stillborn infant, recurrent	
spontaneous abortion ( $\geq$ 3), premature birth with toxemia	
or growth restricted infant	

#### Each Risk Factor Represents 2 Points

Age 61-74 years	
Major surgery (>45 minutes)	
Arthroscopic surgery (>60 minutes)	
Laparoscopic surgery (>60 minutes)	
Current or previous malignancy	
Morbid obesity (BMI >40)	
Central venous access	
Confined to bed (>72 hours.)	
Immobilizing plaster cast or mold on leg (<1 month)	

### Each Risk Factor Represents 5 Points Elective major lower extremity arthroplasty Hip, pelvis or leg fracture (<1 month)

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Stroke (<1 month)	
Serious trauma (<1 month)	
Acute spinal cord injury (paralysis) (<1 month)	
Maior surgery lasting over 3 hours	

#### TOTAL RISK FACTOR SCORE

## **VTE Risk For Surgical Patients**

Total Risk Factor Score	Incidence of DVT	Risk Level
0-1	<10%	Low Risk
2	10% - 20%	Moderate Risk
3-4	20% - 40%	High Risk
5 or more	40% - 80% 1-5% mortality	Highest Risk

### Prophylaxis Safety Considerations: Check box if answer is 'YES'

#### Anticoagulants: Factors Associated with Increased Bleeding

- □ Is patient experiencing any active bleeding?
- Does patient have (or has had history of) heparin-induced thrombocytopenia?
- □ Is patient's platelet count <100,000/mm<sup>1</sup>?
- □ Is patient taking oral anticoagulants, platelet inhibitors (e.g., NSAIDS, Clopidogrel, Salicylates)?
- □ Is patient's creatinine clearance abnormal? If yes, please indicate value

If any of the above boxes are checked, then patient may not be a candidate for anticoagulant therapy and alternative prophylactic measures should be considered.

#### Intermittent Pneumatic Compression (IPC)

- $\Box$  Does patient have severe peripheral arterial disease?
- □ Does patient have congestive heart failure?
- □ Does patient have an acute superficial/deep vein thrombosis?

If any of the above boxes are checked, then patient may not be a candidate for intermittent compression therapy and you should consider alternative prophylactic measures.

<sup>1</sup> Based on: V. Bahl, H. Hu, P. K. Henke, T. W. Wakefield, D. A. Campbell J, Caprini JA. Ann Surg 2009:DOI: 10.1097/SLA.0b013e3181b7fca6; Zakai NA, Wright J, Cushman M. J Thromb Haem 2004;2:2156-61; Seruya M, Venturi ML, Iorio ML. J Plastic & Reconstructive Surgery 2008;122:1701-8; Hatef D, Kenkel J, Nguyen M. Plastic & Reconstructive Surgery 2008;122:269-79; McLafferty RB, Lohr JM, Caprini JA, et al. J Vasc Surg 2007;45:142-8; McLafferty RB, Passman MA, Caprini JA, et al. J Vasc Surg 2008;48: 394-9; Nicolaides AN et al: INT Angiol 2006; 25:101-161.; Arcelus JI, Caprini JA, Traverso CI. Semin Thromb Hemost 1991;17(4):322-5.; Borow M, Goldson HJ. Am J Surg 1981;141(2):245-51.; Caprini JA, Arcelus I, Traverso CI, et al. Semin Thromb Hemost 1991;17(suppl 3):304-12.; Caprini JA, Arcelus JI et al: Scope 2001; 8: 228-240.; Caprini JA, Arcelus JI, Reyna JJ. Seminars in Hematology, April 2001;38(2) Suppl 5:12-19.; Caprini, JA. Dis Mon 2005;51:70-78.; Oger E: Thromb Haem, 2000; 657-660.; Turpie AG, Bauer KA, Eriksson BI, et al. Arch Intern Med 2002; 162(16):1833-40.; Ringley et al: American Surgeon 2002; 68(3): 286-9; Morris et al. Arch Surg 2002. 137(11):1269-73.; Sugarman HJ et al, Ann Surg 2001:234 (1) 41-46, , Nguyen, NT, Hinojosa, MW, Fayad, C, et al. Ann Surg 2007;246(6):1021-1027

□ In my evaluation, this patient assesses to have a risk of developing Deep Venous Thrombosis (DVT) as a result of surgery. Due to that risk, I am prescribing an intermittent pneumatic compression device prophylaxis for this patient following surgery as DVT and/or pulmonary embolism (PE) are serious complications that are frequently encountered in medical and surgical practice. I feel this is a beneficial and cost effective treatment for my patient, and certify that this product is medically necessary to treat the specific medical condition discussed above. It is essential for the patient to use the intermittent pneumatic compression wraps as indicated for the specific period of time and at the prescribed pressure.

□ I am prescribing an intermittent pneumatic compressor and compression wraps to maximize the outcome of the surgery and minimize the likelihood of complications. I feel this is a beneficial and cost effective treatment for my patient. It is essential for the patient to use the intermittent pneumatic compressor and compression wraps as indicated for the specific period of time and at the prescribed pressure.

Item Description/Unit(s): Pneumatic Compression Device (1), and DVT Sleeves (2), Cold-Compression Pad

□ Back (1)	□ Knee (1)	$\Box$ Shoulder (1)			
🗆 Hip	Ankle	Other	Length of Need (Days): $\Box$ 14	□ 21	Other
Physician print name:					-
Physician's Signature (stan	np not acceptable):				_Date

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